

Introduction

Changes

- Small towns to big cities.
- limited play room.
- recreation now commercialized.
- leisure time increased.
- clothes changed.
- greater freedom.

Problems

- emphasis on competition.
- female structure differs from male.
- " different interests + opportunities.
- balance of programme + leisure.
- distance travelled + expense.
- leadership.

The Balanced Program

- physical - individual, group, team.
- mental
- creative - handicraft, music, dramatics.
- social
- service

Values

- fundamental skills - hobbies.
- satisfaction.
- self-direction + leadership.
- growth - physical + mental.

Age groups + types

- 6 divisions

1. Baby 0-9 yr. Pre-school 3-4 yr.
6-8 yr.
2. Pre-adolescent 9-12 yr. 9-12 yr.
3. Adolescent 12-17 yr. 13-15 yr.
16-19 yr.
4. Student - Business girl 20-60 yr.
5. Young married
6. Middle-aged

Betty the Baby

0-9 yrs.

6-9 yrs. mostly

Birth to creeping

- individualistic & physical
 - sensory experiments - sight, taste etc.
 - motor " - objects, self
- self-finding, self-testing.
- large muscle group.

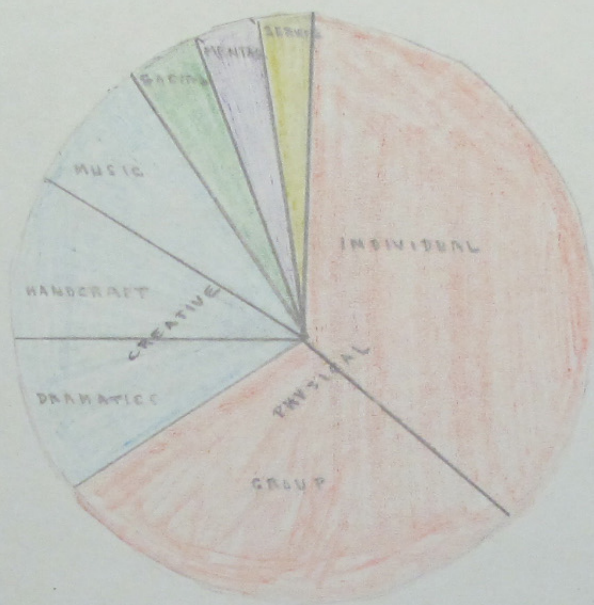
Creeping to 3 yrs.

- motor & sensory experiments continue.
- motor - "Pat a cake" etc.
- manipulation of objects (blocks)
- apparatus (bed, adults)
- locomotion - "alone," by objects, ³⁾ apparatus.
- ⁴⁾ music ⁵⁾ water, snow etc.
- sensory - rhymes, whistles etc.
- lessons of "bodily control +
²⁾ sense perception.

Three to 6 yrs.

- individual & imaginative.
- physical - 1) group 2) individual
 - self-play.
 - play with objects.
 - " " apparatus.
 - locomotion
 - play with other children.
- creative - handicraft.
 - music
 - dramatics - imaginative play.

BETTY THE TAY.



- social - selfish + minor interest.
- mental - learns by doing.
- co-ordination, differences of light ^{to}
- service - helps mother + self.

6 to 9 yrs.

- organized play.
- physical - ① individual + imaginative.
- ② group.

- 1) - motor - self
 - objects, adults.
 - objects
 - apparatus
 - locomotion

- 4) games skills - throwing + catching.

3) individual + dual games.

4) contests a) races (egg + spoon etc.)

② group.

- 1) singing
- 2) circle
- 3) active hide + seek.
- 4) finding place & partner.
- 5) imitation observation
- 6) object passing + throwing.
- 7) chasing.
- 8) double group game.
- 9) rhythm.

- creative - 1) handicraft
- 2) music
- 3) dramatics.

social recreation.

- family fun (ha-ha)

mental recreation.

- 1) quiet games
- 2) reading & story-telling.
- 3) nature study & appreciation.

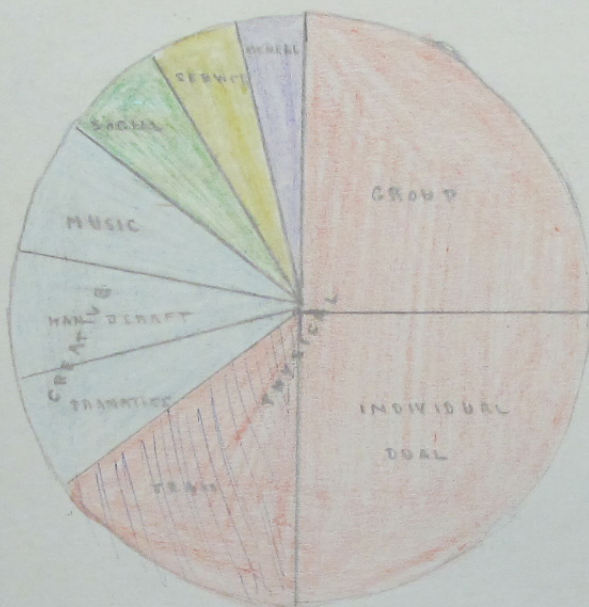
service.

- look after younger children.
- make little things for parties
- simple gifts.

selfish

- creative, imaginative (truth & fantasy)
- active senses.
- big muscle activity.
 - no small co-ordination.
- physically active.
- fearless

PEGGY THE TREE-AD.



Peggy the Pre-Adolescent.

9-12 yrs.

- active physically. - wide interests.
- like team society & games.
- like the crowd.
- like to be noticed - responsibility.
 - jokes (explained)
- they are not naughty.
- be scientific & direct.
- let them create. then help them.
- explain rules & keep them.
- like excitement & adventure.
 - annuals
 - Kipling & Dickens.
 - Rescue Island. Stenenson poems
 - Balihurston. G. S. Porter.
 - Mark Twain. Anderson.
- interesting & worth-while.
- likes handicraft (creation)

Alice the Adolescent.

Athletic, creative, social.

Creative - music - fairly good music.
rhythm band.
operettas.

Service - good worker.

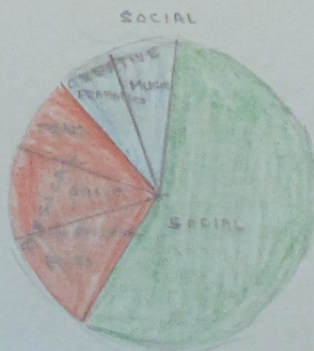
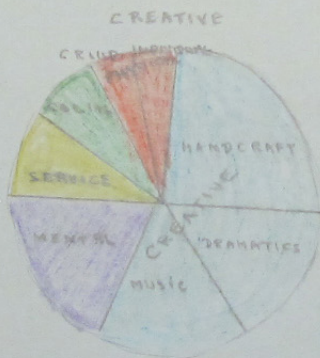
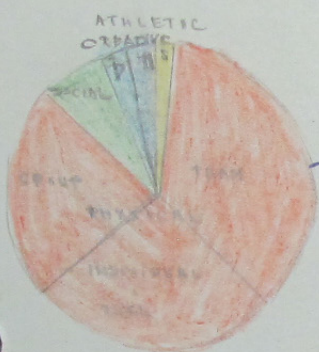
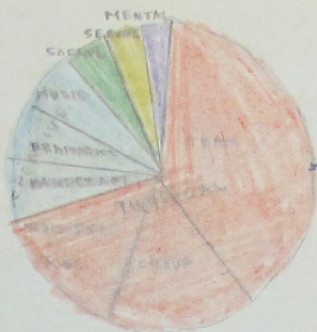
- (roll bandages) social service etc..
- highly emotional, unstable.
- sentimental, considerate.
- crushes.

"Think always of children - speech etc.
If it isn't you, it's someone else."

Crushes - natural.

- don't be sentimental
- child interested in good worker.
- funny person is happy.
- learns truth.
- needs help + activity.
- reads for literature.

JUNIOR ALICE
(12-14)



Beatrice the Business Girl +
Ida the Industrial Girl.

Beatrice more educated & cultured.

- young for her age.

Ida - needs relaxation badly.
- lots of activity - not much culture.
- no creative ability - very social.
- don't mix both types.

Beatrice - individual activities & dual.

- mixed society.
- social activities.



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